E-safety

Keeping your children safe online

Firstly, lets not forget…

The internet and learning online can be great!

…and here's why…

- Organisation
- Confidence
- Research
- Communication and literacy skills

- Hand eye coordination
- Computer skills
- Accessibility
- Creativity

But it's very important to be safe…

- It's important to monitor what your children are doing online

- Education is key

What do you know about online safety?

Do you know what sites/apps your children can access/ are accessing?

Which apps are safe?

Growing up online....

Can you name the sites that children uses for:

Socialising

Gaming

Talking to people

Sharing

Searching

Using a mobile phone

Here are some popular messaging sites:

- Whatsapp
- LINE
- ooVoo
- Facebook messenger

- Snapchat
- Google chat
- DOWN
- Instagram
- Twitter
- Kik

- Vine
- Pintrest
- Tumbl
- Pheed
- 4chan

…had you heard of all of those?

The internet is changing all the time

This is what makes it amazing but can may make it unsafe too!!!

Here are some risks they may face…

Cyberbullying

Grooming

Inappropriate websites

What is Cyberbullying?

How and where can you be Cyberbullied?

Cyberbullying

Cyberbullying "You're Not Alone"

Taken from https://www.thinkuknow.co.uk/5_7/hectorsworld/ Via YouTube

- Offer reassurance and support. Don't be afraid to ask questions
- Tell your child that if they are being bullied to always keep the evidence
- Block the bullies
- Learn how to report and where to go for further support

Peer to peer support network for young people who are being bullied

http://www.schools-out.org.uk/?resources=cybermentors

Grooming

What is online grooming?

What does an online friend mean to your child? Is it the same for you?

- Talk to your child about online grooming

- Talk to them about their online friends

- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online

- Learn how to report any inappropriate contact made to your child online

Report and Support

CLICK CEOP
Visit ceop.police.uk

Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up .

www.ceop.police.uk

ChildLine
0800 1111

24 hour confidential helpline for children and young people .

Inappropriate websites

What does the 'inappropriate' mean in your house?

Not age appropriate:

➤ Violence

➤ Racial Hate

➤ Pro eating disorders

➤ Gambling

➤ Pornographic

Set Parental Controls on:

- ➢ **Computers**
- ➢ **Laptops**
- ➢ **Tablets**
- ➢ **Mobile devices**
- ➢ **Games Consoles**
- ➢ **ALL internet enabled devices**

Set on all devices that link to the internet

Remember… they are not 100% accurate and not a substitute for open communication!

How can Parental Controls help?

➢ Block sites that are not age appropriate

➢ Limit inappropriate and illegal material

➢ Set timings – automatic switch off at bedtime

➢ Monitor activity

Do you know how to set these up?

Setting up Parental Controls

- https://www.internetmatters.org/parental-controls/

- https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/

- https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider

THINK U KNOW .co.uk

Facebook
is my child too young to have an account

- Help set up their profile

- Add your email as the main contact
  (if possible)

- Set the privacy settings to "friends"
  only and ensure they are

- Show them a CEOP safety resource which outlines the risks (www.youtube.co.uk/ceop/jigsaw)

- 'Like' the Click CEOP page

- Check in and keep updated

SOUTH NORMANTON nursery school
Playing together • Learning together • Growing together

View age appropriate animations and films at - www.thinkuknow.co.uk/parents
www.youtube.com/ceop

Lee and Kim's Adventure: Animal Magic 5-7 yrs
➤ Animation – Be nice to people,
like you would in the playground

Jigsaw 8-10yrs
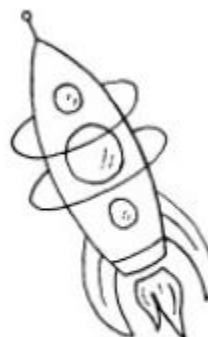➤ 10 minute film about
Safe Social Networking

THE PARENTS' AND CARERS' GUIDE TO THE INTERNET

https://www.thinkuknow.co.uk/professionals/resources/factsheets-for-parents/

Advice if your children are in
Primary Education

Advice if your children are in
Secondary Education

www.thinkuknow.co.uk/parents

www.facebook.com/ceop

www.twitter.com/ceop

South Normanton Nursery School

South Normanton Nursery School

- This is what *we* learn about (as 2, 3 & 4 year olds)

- What do we do as a school?

- How do we keep our families safe at home?

- Screen time?

- What else can we do to help?

What do we learn about?

- Books/ videos/songs
- SID – kim and Lee video
- Smarty the Penguin – book: think before you click (tell a grown up)
- Penguin Pig/ Chicken Clicking — books (hidden identity/ false advertising)
- Digi Duck – online book (use of photos)
- Daisy Bee – buttercup photos
- Webster the spider Books

- Behaviour rules link

https://enabling-environments.co.uk/2016/06/20/years-and-e-safety-my-top-resources/

What do we do as a school?

- Policies – context led, reviewed timely
- Procedures – monitored, recognised, reported, reviewed timely
- Training – needs led (for all ages, local, national guidance, to keep our staff safe too, what to look out for)
- Gain awards/qualifications
- Audit and action plan submitted
- Support parents – website, social media, newsletters, workshops, open door policy
- Teach specific safeguarding matters – e-safety on a rolling program throughout the year

Most importantly, hold it as a non-negotiable within our school – treated as a safeguarding incident and continue to display and shout about this unashamedly

- **How do you keep your families safe at home?**
- Filtering
- Monitoring
- Rules
- Role models
- Digital footprint
- Communicate
- PEGI (ratings)
- Know how to report

Screen time?

- Reduce exposure
- Check access and availability
- Set rules
- Explain the reasons
- Parental role modelling
- Parents need to remind

- Remove background noise
- Monitor use.
- Take breaks
- Stop multitasking.
- No screens before bedtime

Alternatives to Screen time?

- Physical activity.
- Social activity.
- Hobbies.

What else can we do to help?

• List of useful E-safety Websites for Parents

- https://www.internetmatters.org/parental-controls/

- https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/

- https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider

- https://www.thinkuknow.co.uk/5_7/LeeandKim/

- https://www.thinkuknow.co.uk/5_7/hectorsworld/

- https://www.thinkuknow.co.uk/8_10/

- https://www.thinkuknow.co.uk/11_13/

- https://www.thinkuknow.co.uk/parents/

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  https://www.ceop.police.uk/safety-centre/

- https://www.childnet.com/ufiles/Online-Smartie-the-Penguin-for-EYFS.ppt